

EFKT – SAMPLE MENU EURO 30,- per person per day (ENGLISH)

Welcome Cocktail (1st day)

Standard Breakfast (everyday) - Butter, honey, eggs, sorts of cheese, salami, sausages, cornflakes, tea, coffee, fruit juices, fruits

Tea Time (everyday) - Coffee, tea, sorts of pastries

1st day

Dinner - Chicken grilled in oven, spaghetti Bolognese, baked potatoes, purslane with olive oil, yoghurt, fresh salads, dessert

2nd day

Lunch - Aubergine with minced meat, stuffed peppers with olive oil, thick yoghurt with garlic and dill and/or mint (haydari), broccoli salad, fresh salads, fried zucchini patties (mucver), fruit

Dinner - Grilled fish & octopus grill, aubergines, tomatoes, peppers and onions, borlotti bean in olive oil, French fries, fresh salads, fruits

3rd day

Lunch – Fried vegetables served with tomato or yoghurt sauce (kizartma), cracked wheat pilaf, green beans with olive oil, fresh salads, fruits

Dinner - Roasted veal, potato purée, fresh salads, Antep ezme (Turkish meze), rice, thick yoghurt with garlic and dill and/or mint (haydari), fruits

4th day

Lunch – Spaghetti with tuna fish, fried vegetables served with tomato or yoghurt sauce (kizartma), zucchini with olive oil, Turkish pastry, fresh salads, fruits

Dinner - Barbeque, deep fried rolls with cheese filling, rice with sauce, spaghetti with aubergine sauce, Russian salad, fresh salads, fruits

5th day

Lunch - Lamb sauté, lasagna, stuffed aubergines with olive oil, cold yoghurt soup with olive oil (cacik), broccoli salad, fresh salads, fruits

Dinner - Grilled fish, fried squid, French fries, Turkish pastry, white bean and onion salad (piyaz), fresh salads, fruit

6th day

Lunch - Meatballs in seasoned tomato sauce, rice, fried zucchini patties (mucver), cold yoghurt soup with olive oil (cacik), potato salad, fresh salads, dessert

Dinner – Chicken grilled in oven, rice with corn and carrots, rolled Turkish pastry, Italian salad, broccoli salad, dried fried aubergines in tomato and garlic sauce (saksuka), thick yoghurt with garlic and dill and/or mint (haydari), fresh salads, fruits

7th day

Lunch - Lamb stew with vegetables, zucchini with olive oil, spaghetti with aubergine sauce, red beet salad, deep fried rolls with cheese filling, Acili ezme (Turkish hot meze), fresh salads, fruits

Dinner - Fillet steak, cold yoghurt soup with olive oil (cacik), rice, French fries, mushrooms with yellow cheese, mashed carrots with olive oil, fresh salads, Italian salad, fruits

EFKT – ÖRNEK MENÜ - Kiři Bařı Gnlk EURO 30 (TRKÇE)

Hořgeldin Kokteyli (1. Gn)

Standard Kahvaltı (Her gn) – Tereyađ, bal, yumurta, peynir eřitleri, salam, sosis, mısır gevrađı, ay, kahve, meyve suyu, meyve

Beř ayı (Her gn) – Kahve, ay, pođaa- kurabiye, eřitleri

1. GUN (Cmt)

Akřam yemeđi: Fırında tavuk, bolenez soslu makarna, fırın patates, zeytin yađlı semiz otu, yođurt, salata ve tatlı

2. GUN (Pzr)

Ođle yemeđi: Musakka, zeytinyađlı dolma, mcver, haydari, brokoli salatası, yeşil salata, meyve

Akřam yemeđi: Izgara Balık-Ahtapot ve patlıcan, domates, biber, soğan, zeytin yađlı barbunya, patates kızartması, oban salatası, meyve

3. GUN (Pzt)

Ođle yemeđi: Yođurt ve domates soslu kızartma, bulgur pilavi, zeytinyađlı taze fasulye, yeşil salata, meyve

Akřam yemeđi: Dana rosto, patates presi, Antep ezmesi, Cerkez pilavı, haydari, salata, meyve

4. GUN (Salı)

Ođle yemeđi: Ton balıklı makarna, yođurt ve domates soslu karıřık kızartma, zeytin yađlı kabak, fırın brek, Akdeniz salatası, meyve

Akřam yemeđi: (BBQ) Karıřık ızgara, sigara bređi, soslu pilav, Rus salatası, mevsim salata, meyve

5. GUN (Crs)

Ođle yemeđi: Et sote, fırın makarna, zeytin yađlı patlıcan dolması, cacık, brokoli salatası, oban salatası, meyve

Akřam yemeđi: Balık ızgara, kalamar tava, patates kızartması, fırında brek, piyaz, antep salatası, Akdeniz salatası, meyve

6. GUN (Pers)

Ođle yemeđi: İzmir kfte, pilav, mcver, cacık, patates salatası, oban salatası, tatlı

Akřam yemeđi: Fırında tavuk, mısırlı ve havulu pilav, kol bređi, İtalyan salatası, řakřuka, haydari, brokoli salatası, mevsim salatası, meyve

7. GUN (Cuma)

Ođle yemeđi: oban kavurma, zeytin yađlı kabak, patlıcan soslu makarna, pancar salatası, sigara bređi, aılı ezme, salata, meyve

Akřam yemeđi: Fİleto biftek, pilav, cacık, kasarlı mantar dolması, etli Cerkez pilavı, zeytin yađlı barbunya, patates kızartması, İtalyan salatası, zeytin yađlı havu ezmesi, salata ve tatlı